



Product catalogue

TIENS



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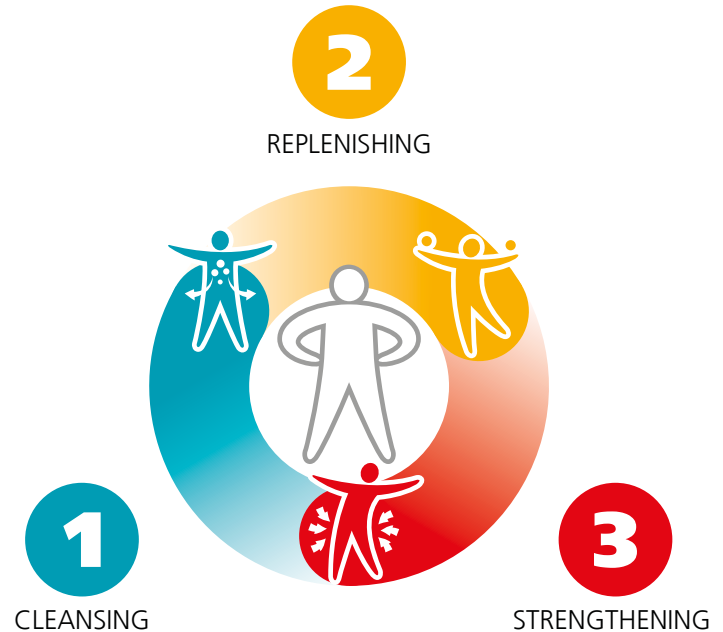
Traditional Chinese Health Concept

Traditional Chinese Health Concept is about holistic approach and integrating physical, mental and emotional well-being in order to achieve true quality of life.

TIENS food supplements are designed to help restore the harmonious balance of the body. They offer a holistic understanding of long-term wellness. Food supplements combined with healthy nutrition, physical activity and positive mental approach may significantly improve well-being and quality of life.

Balancing

As a result of cleansing, replenishing, and strengthening, the human body achieves the balance, regulates its proper functioning and prevents many health problems.



UNDERSTANDING THE HEALTH BALANCE



1

CLEANSING

From the point of view of traditional Chinese health concept the first step to achieving balance is cleansing. Modern lifestyle, pollution, stress, inadequate diet cause many harmful substances to accumulate in our bodies. If the toxins are not removed in time, they may harm our bodies, mind and accelerate the aging of internal organs.

Cleansing is meant to remove toxins from the digestive tract, blood vessels, lungs, skin and other organs, so that they can function properly.



FOOD SUPPLEMENTS

TIENS CHITOSAN CAPSULES

CLEANSING



The naturally occurring substance — chitosan has the ability to significantly absorb and bind fat in the digestive tract. It is chemically similar to cellulose, a plant fibre that prevents fat absorption, and can also produce a bulking effect that increases satiety.

Chitosan acts as a soluble fibre in the stomach. It binds with fats and bile acids in the small intestine to form the gel-like complex and, in turn, leaves the fat indigestible. The complex passes through the large intestine and eventually is naturally eliminated. Fat is not digested and the decrease in bile activity also indirectly reduces fat absorption.

It has been proven in numerous researches that chitosan may help to manage cholesterol and maintain a healthy, normal level of blood LDL-cholesterol concentrations.

- **Naturally occurring soluble fibre**
- **Cholesterol management**





CLEANSING



Grape Seeds:

- Source of bioflavonoids
- Antioxidant activity

TIENS GRAPE EXTRACT CAPSULES

Grape seed extract is a rich source of bioflavonoids such as resveratrol and quercetin, as well as structurally more complicated oligomeric proanthocyanidin complexes (OPCs), usually built of catechin compounds.

Grape seed proanthocyanidins have been found to have a number of antioxidant activities. Grapes (*Vitis vinifera*) rich in proanthocyanidins are natural defense against the free radicals, a result of cell ageing. They help to maintain normal cell health & function. Active compounds in grapes also facilitate reduction of cellulitis aspect, helping silhouette to become more refined.



TIENS KARDI KRILL OIL WITH SEA-BUCKTHORN



TIENS Kardi is a pure and natural source of omega-3 leaving no after-taste. The krill used for manufacturing TIENS Kardi is sourced in the Antarctica, in the cleanest waters in the world. The uniqueness of krill oil is that the omega-3 fatty acids are provided in a phospholipid form and are easily recognised, incorporated and utilised by the body.



100% Phospholipids

100% Triglycerides

It contains a rich supply of astaxanthin. Other important ingredients are: amaranth – rich in stanols, squalene, B-vitamins and minerals, and sea-buckthorn – a natural super-rich source of vitamins (15 times as much vitamin C as in oranges), carotenoids and flavonoids. Omega-3 fatty acids in krill oil are in a phospholipid form and for that reason are easily soluble in the water.

The product that will enhance your life and bring your business to a whole new level

Benefits of omega-3 – EPA and DHA – fatty acids:

- Maintain heart and cardiovascular system in good condition
- Help to sustain proper triglycerides level
- Help to maintain normal blood pressure



CLEANSING

LIPID METABOLIC MANAGEMENT TEA

Net weight: 1.5 g x 40 bags



天獅降脂茶
LIPID METABOLIC MANAGEMENT TEA
淨含量: 1.5g



TIENS LIPID METABOLIC MANAGEMENT TEA

Gynostemma pentaphyllum:

- **Immunomodulating agent**
- **Protection of DNA, proteins and lipids from oxidative stress**
- **Maintains proper blood lipid levels**

Also known as **Gynostemma Tea**, this tea has been regarded in China as a miracle herb, a favourite of the first emperor of Qin Dynasty, Qin Shi-Huang, who conquered all the independent Chinese states to create the first Chinese Empire. He endured long hours of work during which he enjoyed drinking this special tea.

Gynostemma contains many amino-acids, vitamins and minerals that are needed by the human body, including calcium, iron, magnesium, phosphorus, potassium, selenium, zinc and many more. Scientists have found that Gynostemma has an adaptogen similar to that of Ginseng. It helps to energise and revitalise the body and supports the body's natural defences by immunomodulation.

TIENS VITALITY SOFTGELS

CLEANSING



Composed with unique ingredients like wheat germ oil, and beta carotene, wheat germ oil is a rich source of unsaturated fatty acids such as linoleic and linolenic fatty acids, which have important properties. Linoleic acid & alpha-linolenic acid contribute to the maintenance of normal blood cholesterol levels.

Alpha-linolenic acid, an essential fatty acid, contributes to brain and nerve tissue development. For that reason, alpha-linolenic acid along with linoleic acid, as essential fatty acids, are needed for normal

growth and development of children.

Lecithin is a fat that is essential in the cells of the body. One of the building compounds of lecithine is phosphatidylcholine, which occurs in all cellular organisms, being one of the major components of the cell membrane.

Beta-carotene, which as provitamin A is converted into vitamin A, helps to maintain a normal vision and a proper skin look.

- **Source of omega-3 and omega-6 fatty acids**
- **ALA: Cholesterol management**
- **Vitamin A: Normal vision and proper skin look**





CLEANSING

TIENS CELL REJUVENATION CAPSULES

The product contains powdered carrot, gynostemma pentaphyllum and green tea extracts and Vitamin C. These ingredients working synergistically, contribute to the protection of cells from oxidative stress and the normal function of the immune system.

Gynostemma pentaphyllum, in Traditional Chinese Medicine known as Jiaogulan, has been traditionally consumed in mountainous regions of southern China as a herbal tea and a natural remedy. This precious herb, having an adaptogenic, nutritious and antioxidative properties, has been traditionally used to help the body maintain optimal homeostasis. The people of Guizhou Province in southern China, who are said to have a history of unusual longevity, regularly consume Gynostemma pentaphyllum and describe it as the "immortality herb". Vitamin C ensures the normal function of the immune system, as well as the reduction of tiredness and fatigue.

Extract from Gynostemma pentaphyllum:

- **Antioxidant properties**
- **Useful for body resistance enhancement especially in tiredness**
- **Supports body's natural defence**



TIENS GARLIC OIL

Centuries ago, before the advent of modern medicine, our ancestors relied on nature's wonders to stay healthy. One of the most popular traditional remedy, garlic, is still renowned across the world for its remarkable ability to strengthen one's immune capacity. In ancient times garlic was particularly valued for its antibacterial properties. Since then modern scientific research has not only confirmed garlic's bacteriostatic activity, but has also proven numerous other, previously unknown qualities of garlic. Of most significance among these is its comprehensive vascular health benefit. TIENS Garlic Oil preparation is odourless.

- **Enhances vascular health**
- **Helps to maintain normal cholesterol and blood lipid levels**
- **Helps to increase the antioxidative capacity of the body**
- **Contributes to healthy function of the respiratory system**



CLEANSING





CLEANSING

TIANSHI DOUBLE CELLULOSE

- **Consuming dietary fibre regularly is vital for the normal bowel movements.**
- **Regular consumption of hawthorn fruit may support the circulation and provide a relaxing and calming effect.**

In modern dietetics, consuming enough fibre is of special importance. TIENS Double Cellulose is a blend of different types of dietary fibre, including valuable sweet corn cellulose, with hawberry powder.

Sweet corn has high amounts of insoluble and soluble fibre. A single cup of fresh corn kernels contains approximately 4.3 grams of fibre. Corn soluble fibre can be metabolised by intestinal bacteria into short chain fatty acids. A recent research has proved that when consuming a daily portion of soluble fibre, we support “friendly” bacteria growth in our colon. These “friendly” bacteria in the digestive tract transform soluble fibre into short chain fatty acids, which later supply energy to our intestinal cells and thereby help lower the risk of intestinal problems.

Hawberry (hawthorn fruit) contains many vitamins, tannins and other valuable substances (e.g. saponins, flavonoids, phytosterols). Its properties have been utilised by natural medicine for centuries - in European herbalist tradition it was used to decrease tension, restlessness and irritability. It is thought to have a broad spectrum of activities: regulating the function of the heart, providing a sedative effect on the central nervous system and digestion.



2

REPLENISHING

Replenishing is all about well-balanced nutrition and support of all body organs to work in synergy. So, after the cleansing phase, it is recommended to use food supplements regulating body systems. If all organs work properly and synergistically, the body will be able to defend itself against illnesses and premature aging.



FOOD SUPPLEMENTS



REPLENISHING

TIENS CORDYCEPS CAPSULES



Cordyceps sinensis has a long tradition of use in Chinese medicine. It is a species of fungus that has been widely used by Chinese herbalists for its adaptogenic properties. Adepts of Traditional Chinese Medicine also recommend cordyceps to increase energy, enhance stamina and reduce fatigue.

Recent scientific research on cordyceps has proved a broad range of biological actions. The mechanism of these actions have been

primarily explained through high polysaccharide content in cordyceps and a presence of cordycepin and adenosine, substances with a large spectrum of biological activities, such as energy transfer. It has been found that cordyceps boosts athletic performance.

Cordyceps sinensis:

- **Boosts athletic performance**
- **Used traditionally in ancient China as an adaptogen**



TIANSHI FOS SYRUP

REPLENISHING



TIANSHI FOS Syrup, a natural prebiotic preparation, is a concentrated source of fructooligosaccharides (FOS), a low-calorie, non-digestible carbohydrates that don't have an effect on blood sugar levels. Fructooligosaccharides are naturally found in various fruit, vegetables and grains. After they are consumed, fructooligosaccharides are not digested in the stomach but instead move to the large intestine where they, as ballast substances, stimulate the production of microbial flora in the colon and gastrointestinal track. A good balance of intestinal flora is essential for a healthy digestive system.

TIANSHI FOS Syrup is a good source of soluble, dietary fiber. It is also used as a low-calorie, alternative sweetener. People can eat and drink products made with TIANSHI FOS Syrup instead of those containing sugar, which spike glucose levels in the blood, and cause weight gain. TIANSHI FOS Syrup may also be preferable to artificial sweeteners.

- **Good source of soluble, dietary fiber which promotes gut flora**





REPLENISHING

TIENS SPIRULINA CAPSULES

Rich in high-value, complete protein, all essential amino acids, carotenoids, gamma-linolenic acid (GLA), vitamins and minerals, spirulina is a World Health Organisation (WHO) approved whole food. In fact, because of its unique value and offered benefits, Spirulina was declared by the United Nations World Food Conference of 1974 as the best food for the future and called a superfood. It is one of the oldest marine plants in the world, and its combination of nutrient-rich components helps to maintain overall wellness. It contains an impressive 60% all-vegetable protein and a powerful combination of important vitamins and minerals, such as iron, vitamin E, zinc, B-complex, copper, calcium and magnesium.

It is a rich source of natural antioxidants such as beta-carotene, the essential fatty acid GLA, proteins, vitamins, minerals and other nutrients.

Spirulina:

- Antioxidant activity
- Immunostimulant



TIENS DATE CONCENTRATED JUICE

REPLENISHING



This special TIENS preparation of Golden Silk Jujube (Chinese dates) extract contains numerous vitamins and nutritional substances. They are a rich source of vitamin C which is a very effective antioxidant and plays an important role in supporting proper functioning of the body's defence system. Chinese dates are also an excellent source of iron, as well as B-vitamins. High content of B-vitamins helps to boost the body's metabolism, natural defence systems and its natural response to severe conditions. In Chinese *Materia Medica*, Chinese Date, sweet in flavor, warm in property, acts on the SPLEEN and STOMACH channels. It reinforces the SPLEEN and STOMACH to benefit Qi, nourishes blood, tranquilises the mind and moderates the properties of other herbs.





REPLENISHING



TIENS DIGEST TABLETS

TIENS Digest is a unique food supplement, containing living and active bacteria cultures such as *Lactobacillus acidophilus* and *Bifidobacterium*. The preparation also contains inulin, anise, linseed and apple pectins. Apple pectin is a water soluble, dietary fibre which has a gel forming effect when mixed with water.

As a dietary fibre, pectins may be helpful in supporting good glucose and cholesterol metabolism. Consumption of pectins with a meal contributes to the reduction of the blood glucose rise after that meal. Pectins also contribute to the maintenance of normal blood cholesterol levels. This natural fibre is also used as a gentle but effective intestinal cleanser. Inulin, e.g. chicory inulin, contributes to normal bowel function by increasing stool frequency. In traditional use, linseed are known to facilitate the digestion and contribute to the digestive comfort. They contribute to regularity of bowel function, increases the volume of faeces, promotes the intestinal peristalsis and regularity of bowel function. Similar benefits are attributed to anise fruit, which contributes to the normal function of intestinal tract and helps support the digestive juice flow.

- **Pectins support glucose and cholesterol metabolism**
- **Linseed and anise fruit support digestion**



TIENS KANGLI

This special preparation developed by TIENS on the basis of soy is a dietary supplement for women. Asian women, having stronger bones, less often suffering from osteoporosis, breast cancer, heart disease, owe their superior physical shape to a diet rich in soy beans containing natural plant oestrogens. The active ingredients in soy, isoflavones, have weak oestrogenic or hormone-like activity due to their structural similarity to oestrogens. After entering the body soy isoflavones mimic the action of oestrogens. The main component of KANGLI - soy-derived isoflavones – is enriched in strong antioxidants: vitamin C (fights free radicals, stimulates new collagen production, contributes to normal functioning of the immune system) and vitamin E (contributes to cell constituents protection from oxidative damage).

- **Soy isoflavones are a class of phytoestrogens — plant-derived compounds with oestrogenic activity**





REPLENISHING

TIENS SLEEPING DUO

It is advisable to sleep those hours that allow us to perform daily activities normally. But when circumstances such as age, emotional state and other factors prevent us from having a healthy dream, TIENS offers an innovative herbal preparation with a bilayer tablet composition. It consists of a unique formula of ingredients: melatonin contributes to the reduction of the time taken to fall asleep, valerian helps to maintain a natural sleep, california poppy affects optimal relaxation and improves the quality of natural sleep, and vitamins B3 and B6 contribute to the normal functioning of the nervous system.



- **Melatonin:** contributes to reducing of time taken to fall sleep
- **Valerian:** helps to maintain a natural sleep
- **California poppy:** improves natural sleep quality





REPLENISHING



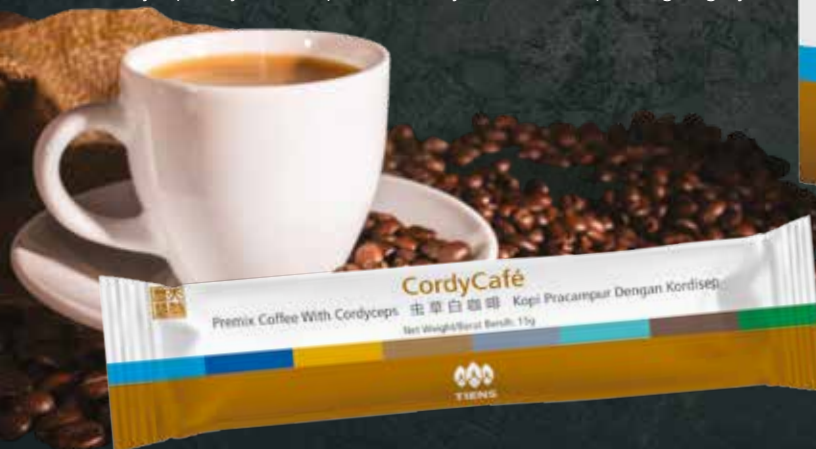


REPLENISHING

TIENS CordyCafé

TIENS CordyCafé is an excellent, tasty beverage that contains a coffee extract of carefully selected, freshly ground Arabica coffee beans, the aroma and flavour of which have an amazing ability to awaken and invigorate our thoughts and senses. Become a connoisseur and experience the fresh, rich and smooth flavour of TIENS CordyCafé, enhanced with a powerful adaptogen and 'miracle fungus' – Cordyceps sinensis. The natural properties of cordyceps have been well appreciated by Traditional Chinese Medicine for ages. It not only boosts our natural defences but also invigorates the functions of the body and improves overall well-being. TIENS CordyCafé contains only high-quality cordyceps mycelium, processed by TIENS Group using highly

advanced biotechnology, which at the same time preserves the natural content of the preparation. Another ingredient - calcium contributes to the maintenance of healthy bones and teeth, the normal function of digestive enzymes and muscles, but also normal energy-yielding metabolism, therefore it ensures our energy is properly utilised and balanced during the day.





TIENS PROPOLIS

REPLENISHING

- **Propolis: abundant source of active substances**
- **Agrimony: strengthening of the immune system**
- **Vitamin C: reduction of tiredness, prevention from oxidative stress**

A unique preparation of TIENS Propolis exhibits a broad spectrum of biological properties. Propolis is a natural resin mixture collected by honeybees from plants buds for their hive construction and repair, and for defence against bacteria, mites, fungi and insects. The use of propolis by man has its roots back in ancient times - the Egyptians, Greeks and Assyrians used it as a wound-healing substance, an immune system booster and for digestive tract ailments. Propolis contains numerous chemical compounds: essential oils, proteins, copper, silicon, manganese, magnesium, zinc, vitamins of the B, E, H, P groups. Agrimony, known in natural medicine for hundreds of years, contains beneficial flavonoids, tannins, essential oils, vitamin K. Contemporary research has proved its supporting of natural body defence properties. Vitamin C contributes to the protection against oxidative damage, proper functioning of the immune and nervous systems, reduction of fatigue.



3

STRENGTHENING

After cleansing and replenishing, it is advised to supply the body with food supplements that strengthen the immune system and activate self-healing powers.



FOOD SUPPLEMENTS

TIENS SUPER CALCIUM POWDER FOR CHILDREN

This food supplement is developed to meet the needs of a growing child's body. It contains well-absorbed organic calcium and the daily dose covers the daily requirement of a young organism in 45%.

During childhood and adolescence, when a young organism grows intensively, the body uses calcium to build strong bones. This process is usually complete by the end of the teen years. When young organisms stop growing and people enter adulthood, bone calcium begins to decrease and progressive loss of bone occurs as we age. That is why it is very important for children and teenagers to take in the right amount of calcium from well-absorbed sources.

TIENS Super Calcium Powder for Children is also a source of vitamin D, which contributes to the proper absorption of calcium and phosphorus. Increased demand for calcium is present in both children and adolescents, as in the elderly.





STRENGTHENING

- **Supports cognitive functions**
- **Healthy bones and teeth**



TIENS NUTRIENT SUPER CALCIUM POWDER

This food supplement is a valuable source of well-absorbed organic calcium, vitamin C and vitamin A. Calcium is a nutrient necessary for the proper growth and development of bones and teeth. It also supports the proper functioning of digestive enzymes. Along with vitamin D it helps in normal functioning of the muscles, also helping those working both physically and mentally in energy-yielding processes. Knitted synergistically, calcium and vitamin C support the maintenance of normal psychological function and cognition.



TIENS SUPER CALCIUM CAPSULES WITH LECITHIN

STRENGTHENING



This food supplement is a valuable source of well-absorbed organic calcium, lecithin, taurine and B vitamins, vitamin C and folic acid. Calcium contributes to normal neurotransmission, muscle function and together with vitamin B1 and B12 support proper energy-yielding metabolism. Vitamins C, B1, B12 contribute to normal functioning of the nervous system and normal psychological function.

Lecithin (as phosphatidylcholine) is a source of choline, an essential nutrient and one of the major components of the phospholipid portion of the cell membrane.

Choline contributes to normal lipid metabolism as well as the maintenance of normal liver function. In particular, lecithin is a precursor of acetylcholine, neurotransmitter which enables communication and signal-transmission between brain cells. The supplement is recommended for fatigue, distraction or during increased physical and mental activities.

- **Proper energy-yielding**
- **Helps against fatigue and tiredness**





STRENGTHENING



TIENS FIZZY

Highly potent, effervescent, easy-to-use magnesium tablets that support the nervous system and relieve tiredness. This unique and innovative formula boosts our metabolism with three natural, easily absorbed forms of magnesium: magnesium carbonate, magnesium oxide, and Sweet basil extract. Additionally, magnesium contributes to normal energy-yielding metabolism, muscle function and maintenance of healthy bones and teeth.

TIENS ZINC CAPSULES

As an essential mineral (micronutrient) zinc is fundamental for the proper functioning of the body's natural resistance, and plays a pivotal role in the body's growth and energy producing processes.

Daily intake of zinc is critical to maintain a steady state, as the body has no specialised zinc storage system. TIENS Zinc helps to replenish normal zinc levels. Zinc, being considered by traditional medicine as a "beauty microelement", promotes healthy skin, hair and nails. Having said that, it has to be emphasized that zinc not only supports women's beauty, but also plays a crucial role in fertility and reproduction cycle.

Zinc enhances normal taste and vision. It also supports cell growth, DNA formation and protein synthesis. It exerts antioxidant activity and can support a healthy immune system.

- **Healthy immune system**
- **Beautiful skin, hair and nails**



STRENGTHENING





STRENGTHENING

TIENS EVENING PRIMROSE OIL

Evening primrose (*Oenothera* sp.) is a humble common plant with entirely uncommon properties. The cold pressed oil from evening primrose contains valuable polyunsaturated fatty acids (PUFAs) — linoleic (LA) and gamma-linolenic acid (GLA), which have a broad spectrum of activity, e.g. they maintain body hydration, regulate biochemical reactions, physiological processes. Due to high PUFAs content, evening primrose is a precursor of prostaglandins - regulators associated with numerous body's metabolic functions. Linoleic acid itself contributes to normal blood cholesterol levels. It is also a desirable component of cosmetics. It's been proven the proper ratio of omega-3 to omega-6 in the diet is linked with the proper ratio of triglycerides in blood. The imbalanced intake of omega-3 and omega-6 in the modern diet contributes to the development of inflammatory conditions.



- **Source of omega-3 and omega-6 fatty acids**
- **Oenothera species, like *Oenothera paradoxa*, used in cosmetology for centuries**





DENTAL CARE



DENTAL CARE



ORECARE HERBAL TOOTHPASTE

TIENS Orecare Herbal Toothpaste contains a highly effective broad spectrum of antibacterial substances like luteolin, inositol, saponins, and tannins, which relieve inflammation. Lactones of wild chrysanthemum, as well as glycoside, vitamins A and B, help remove dental bacteria, plaque from teeth and freshen breath. The active ingredients can also improve the hardness of tooth enamel and neutralise an increased acidity after meals, which prevents for-

mation of cavities. The toothpaste contains well refined whitening agent, safe for tooth enamel.

TIENS Orecare Herbal Toothpaste's natural plant extracts are also rich in alkaloids like berberine and coptisine, that carry soothing and strong haemostatic properties, thus preventing bleeding of gums.

ORECARE U SMILE TOOTHPASTE

Strontium carbonate is an effective desensitising agent which increases teeth resistance to acids. It can reduce irritation caused by cold, heat, sour and sweet food. Strontium ion is able to obstruct the ache information sent to a dental tube caused by external irritation, which in effect relieves discomfort. Mountain peel extract can prevent inflammation, reduce gum bleeding and swelling. The toothpaste prevents gum diseases and teeth hypersensitivity.

DENTAL CARE



TIENS WELLNESS EQUIPMENT



TIENS BLOOD CIRCULATIVE MASSAGER

According to TCM, human body constitutes of 3 parts: internal organs, including viscera and bowels, meridian and collateral channels, Qi and blood.

TIENS Blood Circulative Massager integrates acupuncture, stimulation of key body points and massage of reflex areas in palms and feet.

Through different ways of using the equipment, such as standing, sitting, kneeling, leaning, lying on your stomach or back, you will get a massage of your spinal cord, muscles, channels and points. Thus, Yin and Yang will be kept in balance, channels will be dredged and your muscles will be relaxed.

WELLNESS EQUIPMENT





WELLNESS EQUIPMENT

TIENS Multifunctional Head Care Apparatus is developed on the basis of the modern biological therapy and meridian therapy of the Traditional Chinese Medicine philosophy. From the viewpoint of bioelectricity, the human body is an electric conductor and the bioelectric activities play a key role throughout the journey of a human life.

When people are in a healthy condition, the bioelectric parameters remain at a normal level. But when people are sick, the bioelectric parameters usually change and the blood pressure rises when potential is at a higher level than normal. The main reason is that the abnormal potential has disturbed the control from pallium to blood vessel and the arteriolar wall is rendered and shrunken so that the blood flow receives high resistance and the blood pressure to the arteriolar wall is raised.

TIENS MULTIFUNCTIONAL HEAD CARE APPARATUS



TIENS TI-ENERGY BRACELETS

The healing powers of magnets were already utilised in ancient Egypt, Greece and China. Cleopatra used them to retain youth, and Chinese medicine called them 'life stones'.

Nowadays, we know all living organisms are surrounded and affected by a magnetic field and its fluctuation. Thus, changing the magnetic field can have significant effects on how we feel.

TIENS has employed this knowledge designing Ti-Energy Bracelets which are unique in balancing a magnetic field as well as balancing positive and negative ions in the human body. They can very effectively relieve physical discomforts, promote blood circulation and effectively resist environmental radiation.



1. **Magic White**
Women's TIENS Ti-Energy Bracelet
2. **Crystal Black**
Men's TIENS Ti-Energy Bracelet
3. **Elegant Black**
Men's TIENS Ti-Energy Bracelet

WELLNESS EQUIPMENT





WELLNESS EQUIPMENT



TIENS HEALTH MATTRESS

Developed with principles of Chinese Traditional Medicine and the theory of main and collateral channels, TIENS Health Mattress includes 108 and 156 energy stars for the single and double versions respectively, which effectively and simultaneously release the magnetic energy, infra-red energy and anions, so the body cells function properly and become properly oxygenised. In addition, this product also contains an anion fibre and a natural bamboo carbon fibre.

Adopting the body engineering design concept, TIENS Health Mattress can balance the biological magnetic field of the human body, relieve fatigue, improve sleep, boost the immunity and complement other healthful functions.





TIENS HEALTH PILLOW

TIENS Health Pillow, based on Traditional Chinese Medicine, is specially shaped to provide an ideal support for the cervical spine.

It is made of light and soft pearl wool that keeps it in a proper shape. Because of the wool's elastic properties, the pillow offers a strong support to the neck, while putting less pressure on the cervical vertebrae and such prevents gravity-caused neck strain during sleep.

Thanks to a combination of a magnetic field, infrared light and negative ions, the pillow supports the proper function of the cells in the body and improves their oxygenation. Sleeping with TIENS Health Pillow may help balance the biological magnetic field of the human body, relieve fatigue, improve the length and quality of sleep.



WELLNESS EQUIPMENT



TIENS HEALTH BLANKET

TIENS Health Blanket was conceived by combining the doctrines of the 5,000 year-old Traditional Chinese Medicine and how energy flows within the body meridians. Lukens fibre, used in TIENS Health Blanket, is a new kind of functional polyester fibre, puffier and more breathable than a common fibre. It keeps body warm lastingly to helping to help maintain proper circulation.

Thanks to the used nano technology, air infrared anion cotton is made from tourmaline which releases far infrared and anions to help people improve sleep. This way the natural detoxification cycle can run undisturbed and support the health of the entire body.

Far infrared (FIR) is an invisible electromagnetic wave in sunlight and it can positively effect blood flow metabolism and the body's strength.



TIENS H-CUP

WELLNESS EQUIPMENT



TIENS H-Cup, equipped with a microcomputer intelligent MCU control chip, amplifies the electric circuit and the electrolytic mesh of titanium-white gold. It supplies electricity to both ends of the electrolytic strip which electrolytes aqueous medium to produce water rich in hydrogen compounds.

The main role of hydrogen-rich water is to provide hydrogen that is easier for human cells to use. The hydrogen is electrically neutral, easily penetrates through biological membranes and effectively reaches all the cells by acting as an antioxidant.

When you drink hydrogen-rich water from TIENS H-Cup, hydrogen circulates in your body in the form of ions with free electron and reacts with oxygen free radicals and neutralize them. Water enriched in hydrogen helps your organism to work more efficient. Every system in our body depends on water, from mechanism of excreting toxins to digestion.





HOUSEHOLD



TIENS DiCHO FRUIT & VEGETABLE CLEANER

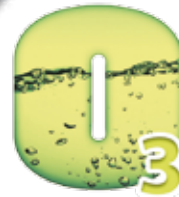
HOUSEHOLD



With the development of society and technology, people have seen a big boost of their degree of material well-being. However, we are still suffering from the negative impacts caused by it, which threaten our health.

The products we commonly eat, such as vegetable, fruit, rice, meat and seafood, might be heavily polluted with pesticides, fertilizer and other harmful substances, too. Although in short term they will not bring any sensible symptoms, in long term those substances may weaken our immune system, damage our health and even influence the next generation. Newly decorated house might be filled up with formaldehyde and other harmful gases. Kitchen and dinner wares, children feeders and toys might be all breeding ground for bacteria. Facing these harms, the question is

how we can have a healthy and safe life. Ozone is a strongly oxidative substance, which can quickly destroy the biological structure of bacteria, virus and other micro-organisms and leaves no room for their existence. The third oxygen atom of the particle causes the high reactivity of the gas – it easily reacts with the dirt particles like odours, bacteria, viruses, moulds and fungi. It divides them into smaller, less harmful particles. Ozone is 50 times more effective and 3000 times faster in anti-bactericidal action than chlorine.



Even a small concentration of ozone causes the death of mites and prevents their further proliferation. The ozone causes the decomposition of the carbon rings which can be found in the substances included in solvents, organic lacquers, glues etc. The ozone nullifies the odours and harmful effects they have on humans and animals. Moreover, ozone will have a better effect of sterilization in the water. By using ozone, there will be no harmful residues left in the water, on the food and on the kitchenware, which means that ozone outmatches other fungicides.



HOUSEHOLD

TIENS DiCHO FRUIT & VEGETABLE CLEANER

Higher releasing rate of ozone

New generation of DiCHO Fruit & Vegetable Cleaner can double the emission of ozone per unit, therefore performing a better sterilization.

Fashionable appearance

Sleek design, black and white backdrop, large-size LCD display with four themed icons of fruit, veg, cup and meat. Hidden storage cabin can be placed there neatly.

Larger foam stone

Bigger foam stone can vent more ozone during the same period, leading to a more well-balanced and faster disinfection.

- **Kills bacteria and eliminates pesticides**
- **Purifies and oxygenates water**
- **Purifies and disinfects air from bacteria, fungi and mites**
- **Eliminates organic and inorganic odours**



TIENS MULTIFUNCTION FRIDGE PURIFIER

TIENS Multifunction Fridge Purifier is a modern, small, portable and easy to operate device which integrates the principles of biotechnology, electronics, and mechanics together, adopting intelligent single-chip management system to successfully apply ozone (O₃) in a real life.

The device uses the unique properties of ozone and can eliminate organic and inorganic odours in household applications, e.g. in the fridge, shoe cabinets, wardrobes, and toilets. It does not mask unpleasant smells like traditional air fresheners but removes them.

Moreover, when you put it in the fridge, it can extend the freshness of food, eliminate bacteria and exclude pathogenic fungi.



HOUSEHOLD



TIENS

HARMONY, RESPONSIBILITY, PROSPERITY